



The New Yuthok Institute for Tibetan Medicine

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TIBETAN HERBAL PRODUCTS

Two day seminar

Traditional Tibetan interpretation on Padma-Cosval Tibetan herbal products

Prof. Pasang Y. Arya

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This two-day seminar's aim is to detail some of the ancient Tibetan herbal recipes produced according to western standard. The seminar will stress on the concepts and methods of traditional formulation, and explain the traditional way to avoid the negative effects, nutrition and behavior support and the traditional way of administration. The seminar takes the example of seven Padma-Cosval tibetan herbal products (integration of food supplement) according to the Tibetan people's ancient wisdom.

Padma products

No.	Tibetan name	Italian name	German name
1	Sendu 5	Digestin	Verdauungs-Tonicum
2	Chongshi 6	Aciben	Magenbrennen-Formel
3	'Bres-gsum	Hepaten	Liver-Darm regulans
4	sLe-tres 5	Rheutonin	Rheuma-Akutformel
5	Srog'zin 10	Nervotonin	Nerven-tonicum
6	Padma LAX	Padma LAX	Padma LAX
7	Padma 28	Padma Basic	Padma 28

Free printed literature is available in English and Italian.

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The seminar costs will be borne by Cosval Srl Arese-Milan. The entrance is free and few samples of Tibetan remedies produced by this company will be distributed to the participants.

